

The Secret of Prosperity

Article by Loretta M. Siani, Ph.D.

Prosperity depends more on wanting what you have than having what you want.
Geoffrey F. Abert

Prosperity is a state of mind. It is an extension of our thoughts. When we think lack we get lack. When we think abundance we get abundance. Often we make the mistake of thinking that prosperity is dependent upon forces outside of us, such as the economy, the stock market, the success of the company we work for, or the so called “breaks” we get in life. But the truth is, the game of attracting becoming prosperous is no different than any other game. It’s ninety nine percent mental.

Thinking that you lack money, or anything else, is a mindset that cuts you off from your real power. It’s deficiency thinking. When we come from the thought that we *need more money*, our thought is the extension of a deficiency that we feel inside. The problem with this type of thinking is that if and when we do get what we think we’re deficient of, we’re still left with the same mindset. Deficiency thinking is never satisfied. It always wants more. All that is upgraded is the *amount* that we want. So, no matter what, we continue to suffer over not having enough.

Prosperous people do not feel deficient. They don’t look at what they don’t have. They focus on what they DO have. Their inner voice says things like, *I have all I need to be happy*. It isn’t that they’re lazy or complacent. They just recognize and appreciate what they have. They also know, that tomorrow brings something new and the fruits of their labor will eventually arrive. This is because they understand that everything is always changing anyway. They do not think the circumstances of their life determine their happiness. They know that it isn’t what happens to them in life, it’s how they react to it that matters.

Prosperous people do not feel unworthy of prosperity. They know that harboring feelings of unworthiness implies that others deserve prosperity but they don’t. The truth is we are all deserving of prosperity. Prosperity doesn’t require that we be special or perfect. No one is perfect and everyone is special. But prosperity does require that we know that we are worthy of it.

Prosperous people are not jealous of other people’s success. They do not begrudge anyone anything. They are genuinely happy about the success of others. They know that there is enough abundance to go around for everyone. As they bless the prosperity of others they increase their own chance of experience it. People who have a prosperity mindset see the success of other people as proof that -- *if they can do it so can I*. They know that those who succeed at anything are paving the way for others to do the same. If we harbor jealousy in our hearts, we project it out of ourselves and cause it to manifest in the people around us. Jealously does nothing but build a wall in between prosperity and us. The mind set for prosperity is one that is fulfilled and satisfied, not jealous. When your life is filled with satisfaction and fulfillment this will be what you have to give away and this will be what comes back to you. Be happy for the prosperity of others. Send them love and joy and that will be what comes back to you one hundred fold.

Prosperous people do everything with love and are not overly concerned about the rewards that come their way. A prosperous heart is filled with faith that things will all

work out. There's a story about a young woman who went to see the wise woman on the hill to find out the secret of success.

"Go over to the window, look out, and tell me what you see, the wise woman told her.

"I see the marketplace," the girl replied.

"Now go look into the mirror over there and tell me what you see."

"Well, she said, I see myself."

"In each case you were looking through a pane of glass. Tell me, what is the difference?" the wise woman asked.

"Well, naturally, the window is a clear pane of glass. It allows me to look out and see the people in the marketplace. The mirror, on the other hand is a pane of glass with a backing of silver that reflects my image back to me."

"Ah, my daughter. Therein lies the secret of success: Whenever you let silver come in between you and the people in the marketplace, you are going to see only yourself and you will not succeed."

Prosperous people do not put their money or their self-interest first. They do what they do because they love what they're doing and they're happy to be of service. They are driven by an inner desire to make a contribution to the world. As a result rewards fall into their lives like ripe fruit falling from a tree. Fulfillment, in every area of our life comes from giving, not getting. Giving is always the key to abundance. The single most important mind set for manifesting prosperity is to shift our thinking from the mode of wanting *to get something* to wanting *to give something*.

The secret of prosperity is on the inside. Real power never comes from anything outside of us, least of all from having money. Real power comes from becoming a better person. It comes from giving and sharing and connecting with others and with our soul's purpose. Money is the symbol of prosperity that comes to us as a result of living a life of gratitude, giving and sharing. It's all a state of mind and a matter of *wanting what we have more than having what we want*.