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Introduction

Dear Reader,

You have the power to work miracles. You have everything it takes. You lack nothing. This is the central theme of this book. Every principle discussed in its pages supports this theme.

Most of you may already be familiar with the miraculous keys you are about to explore, but what you may *not* be so familiar with are the reasons *why* they are miraculous. The pages that follow reveal the metaphysical principles behind them that give them their power. These principles are radically different that most. Some of you will agree with all of them. All of you will agree with some of them. But few of you will be able to deny the compelling reasoning behind them.

I'd like to get to the heart of matters as quickly as possible but before I do I think it's important for me to answer some questions you may have regarding my credentials, my purpose in writing this book, the specific topics covered and what will be required of you the reader.

Credentials

The credentials that matter most are the credentials of my heart. I am not an extraordinary person. I am a simple woman who has had a lifelong, strong desire to study spiritual matters and to share what I have learned with others. I have made many mistakes throughout my life. Yet it was the great St. Francis of Assisi, who taught me something very valuable when he said: *I have been all things unholy. If God can use me he can use anyone.* In writing this book I have taken St. Francis' words to heart. I too have been *all things unholy*. It certainly isn't my *goodness* that qualifies me to write about spiritual matters. Nor is it my

intelligence or the so-called successes of my life. On the contrary, any wisdom that I have gained in my life has all come from the mistakes I have made. Much of the material in this book is drawn from the classroom of my life. It has been my best teacher. I trust that it will also be my best credentials for you.

While it is not my intention to talk to you from my academic background, I think it is important for you to know some of my schooling. I have a Bachelor of Arts degree in public speaking from California State University at Long Beach. After my bachelors degree I earned a Master of Arts in Communications from Pepperdine University. Pepperdine is a Christian college. I chose to go to a Christian college because I became converted back to the Christianity that I had deserted as a teenager when in my early thirties I read C. S. Lewis' *The Screwtape Letters* and *Mere Christianity*. Lewis was a British scholar, novelist and lay theologian. The appealing style and cogent logic of his Christian apologetics reconverted my heart. I ended up writing my master's thesis on Lewis's work.

I earned my doctoral degree in Clinical Hypnotherapy in 2001 from American Pacific University where my course of study focused on Neuro-Linguistic psychology. I wrote my dissertation on the history, structure and process of NLP and how it was influenced by the founder of family therapy Virginia Satir and the great medical Hypnotherapist Milton Erickson. My doctoral thesis was published as a book titled *The Magic of Excellence*.

Add to my background in Christianity and my education in communications and Neuro linguistic psychology the fact that I am now a metaphysician. Since 1996 I have been a student of *A Course In Miracles*.

ACIM is not a religion. It claims no monopoly on God. While its message is Christian it deals with collective spiritual themes and emphasizes that a universal theology is impossible, but a universal experience is not only possible but also necessary. In this regard it is a self-directed study in mind training that offers its

students a transformational perspective on life. The *Course's* compelling reinterpretation of the Christian message once again re-converted my heart. Today I am a teacher of *A Course In Miracles* through my private practice.

This writing is rooted in the spiritual psychology and radical metaphysics of *A Course In Miracles*. It also draws from my Christian faith as well as my work as a Neuro-Linguistic psychologist and a Clinical Hypnotherapist. It is basically intended as a primer on *A Course In Miracles* aimed at those who find the *Course* language intimidating or cumbersome. This book puts the *Course's* metaphysical principles into easy to understand, lay terms.

Purpose

It is my belief that you and I have the same interests at heart. We both want to be happy; to love and be loved; to make the most of our talents and enjoy a fulfilling life. My purpose in writing this book is to learn more about these pursuits myself and in the process share what I learn with you. It is *not* my purpose to try to convince you that anything that I am saying is true. You and I both know that the truth cannot be taught. It must be discovered for itself. Beyond that, it would be fruitless for me to try to convince you of anything that you did not already want to believe in. The purpose of this book is to affirm for you a truth with which you are already acquainted, albeit differently expressed. I trust that you will recognize the truth that you already know when you hear it.

Topics Covered:

By the end of our journey together we will have covered some essential strategies for manifesting everyday miracles. The strategies that we will explore together will show you how to make the correction in your thinking that will remove the obstacles that have severed you from your miraculous powers. Reconnecting with this source is what will enable you to experience *Everyday Miracles*. Few of us have ever been taught how to correct the error in our

thinking that eclipses us from our power. Our journey together will teach us how to do this.

The book is organized into three main parts.

Part I -- *Preparing for Miracles*, begins by defining the nature of miracles. It follows this with a brief look at the different levels of thinking that we have access to and how the mind uses these levels to create, resolve and transcend problems. It then goes into the metaphysics of the mind and how and why we have become estranged from our miraculous power and how this can be remedied. In the process you will come to understand *the one source and one solution* to all this world's problems.

Part II --*Keys to Miraculous Living* examines nine miraculous keys for reclaiming your estranged power and redirecting it toward miraculous ends.

Part III *Applied Principles of Miracles* covers how to create a context in which miracles can occur with regard to your health, relationships, money, career, and overcoming your addictions.

Part IV *Conclusion* is a short summary and a closing pray that affirms *Everyday Miracles* and the nine miraculous keys.

Requirements:

The first thing that is required of you in order to live miraculously is to be willing to look at ways in which you are blocking your own power. You cannot change what you are unwilling to look at. This book will help you do this.

You also cannot change what you keep looking at in the same way. When we change the way we look at something we actually change the thing we're looking at. Throughout the pages of this book I will help you find a new way to look at your problem.

Before you can take advantage of this help two small shifts in your thinking are required. The first shift is that you must temporarily suspend any resistance you may have to changing your way of thinking about the source of your problems. As Einstein well stated, *you can't solve a problem with the same level of thinking that created it.* Which is a fancy way of saying you have to get a new perspective on things in order to change them. The degree to which you are willing to shift your thinking is the degree to which you will be successful with this material. Remember, insanity has been defined as doing the same thing over and over again and expecting different results.

The second small shift in your thinking that you must be willing to make is from believing that you are in any way unworthy into believing that you are in every way most worthy and highly deserving of all of the promises of life. As *A Course In Miracles* teaches *littleness cannot come from greatness.* And, you have come from greatness. You are indisputably worthy of all of the promises of life. The fact that you may not believe so does not change this truth.

If you can muster the tiniest willingness to begin to make these two shifts in your thinking, even temporarily, I promise you, you will be well on your way to *Everyday Miracles.*

My study of *A Course In Miracles* and the writing of this book has been a great beginning for me, not an end. My hope is that your reading of this material will also be a great new beginning for you.

Love and peace,

Loretta Siani

